

# CORONAVIRUS DISEASE (COVID-19) RESOURCES



**The World Health Organization's (WHO) website has daily updates on the coronavirus outbreak:**

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

**Learn about the coronavirus including its origin, how it is transmitted, symptoms and prevention measures in this 5-minute video:** <https://www.youtube.com/watch?v=mOV1aBVYKGA#action=share>

**How to help prevent workplace exposures to acute respiratory illnesses, including coronavirus:**

<https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/guidance-business-response.html>

**Basic protective measures against the new coronavirus**

Most people who become infected experience mild illness and recover, but it can be more severe for others. Take care of your health and protect others by doing the following: <https://youtu.be/bPITHEiFWLc>

**FAQs regarding the coronavirus:** <https://www.who.int/news-room/q-a-detail/q-a-coronaviruses>

**Ways to cope with stress associated with coronavirus:**

[https://www.who.int/docs/default-source/coronaviruse/coping-with-stress.pdf?sfvrsn=9845bc3a\\_2](https://www.who.int/docs/default-source/coronaviruse/coping-with-stress.pdf?sfvrsn=9845bc3a_2)

[https://www.who.int/docs/default-source/coronaviruse/helping-children-cope-with-stress-print.pdf?sfvrsn=f3a063ff\\_2](https://www.who.int/docs/default-source/coronaviruse/helping-children-cope-with-stress-print.pdf?sfvrsn=f3a063ff_2)

